

TRIED & TESTED

As someone who works in the fashion and media industries, great skin has been something I've always hoped for but never quite achieved. Whilst I'm not one to suffer from acne and have been told in the past I possess good skin I've never felt that it truly glows. If I'm stressed or it's that time of the month my skin will break out and it only takes one night out to sallow my skin and cause flakiness for a week or more. In my line of work, I have been sent numerous creams and lotions, all promising, but not delivering, undeniably perfect skin. After two years of using the crème de la crème of face products and seeing meagre results I became convinced that in order to get that glowing look, so often seen on designers and TV personalities, I'd have to invest in Botox or cosmetic surgery – an option I wouldn't consider. Needless to say, when I first heard about Oxygen Skin Centre from a former colleague, I was cynical. If the most expensive face creams on the market couldn't make my skin glow, then what hope would I have with a 100% natural plant extract (otherwise known as DMK products)?

I was pleasantly surprised and genuinely impressed.

At my first appointment I was given a full skin consultation by senior therapist, wherein everything from inconsistencies in pigmentation (caused by the pill) and causes of my combination/dry skin was discussed openly and honestly with me. My therapist was akin to a friend's mother or sister; warm, gentle, experienced and unbelievably knowledgeable about both the DMK products and the skin itself. Rather than load me up with a script about the products, my therapist listened to my concerns and responded with thoughtful and useful information. A Transdermal Nutrition facial followed before I was greeted by owner Natalie in the foyer to discuss how I felt after the treatment. Armed with a few ointments to continue the treatment at home I left feeling as if in a surreal world, where everything I had previously been taught about beauty regimes had been smashed by honest expert factual knowledge that just made sense. A week after the initial consultation I returned to receive another Danne facial. Two days later I attended a work function and found myself the recipient of numerous questions regarding my skin, from comments about a possible holiday to questions about my diet, exercise and beauty regime. My final visit to Oxygen included a lifting facial massage delivered by an expert in her field and exceptional at making me feel relaxed and rejuvenated.

It's been two months since my initial consultation with Oxygen Skin Centre and I'm still shocked at the vitality and youthful appearance of my skin. I'm constantly given compliments, with some friends even asking if I was pregnant due to the dewiness and vitality of my complexion. I found the entire experience rewarding, educational and more than satisfactory. One of the things I liked most is that the entire crew at Oxygen knew exactly what they were talking about and weren't just there to sell me a product. Instead they

were there to share their information and expertise and to enlighten someone else (luckily, in this case, me) about how to care, nurture and train skin. It has completely shifted my opinion about the natural possibilities that are out there to change the way you look, forever.

- Fiona Killackey, 28, writer.